

# A BETTER WAY CLUBHOUSE



## LUNCH AND ACTIVITIES

NOVEMBER 2020

At ABW, adults dealing with mental health issues find support and encouragement, and share coping strategies.

Lunch \$2.00 (Mon-Thurs)  
\$1.00 (Buffet-Fridays)

Menu & Activities  
Subject to Change

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
<b>1</b> Please Call Regarding Upcoming Events not Listed Here	<b>2</b> 10:00 Peer Support 11:00 House Meeting 12:00 Pizza 12:30 Maintaining Mental Health <b>MOVIE-Call for Details</b>	<b>3</b> 10:00 Peer Support 11:00 House Meeting 12:00 Eggs/Saus/Toast & Potatoes 12:30 Emotions <b>Cooking Group</b>	<b>4</b> <b>ABW CLOSED</b>	<b>5</b> 10:00PeerSupport 11:00 House Meeting 12:00 Soup & Sandwich 12:30 <b>Wellness</b>	<b>6</b> 10:00 Peer Support 11:00 House Meeting 12:00 Buffet <b>\$1</b> 12:30 Employment/Volunteering/Hobby <b>Special Program</b>	<b>7</b>
<b>8</b>	<b>9</b> 10:00 Peer Support 11:00 House Meeting 12:00 Pizza 12:30 Maintaining Mental Health <b>MOVIE-Call for Details</b>	<b>10</b> 10:00 Peer Support <b>BOARD MEETING 10a</b> 12:00 Eggs/Saus/Toast & Potatoes 12:30 Managing our Emotions <b>Cooking Group</b>	<b>11</b> 10:00 Peer Support 11:00 House Meeting 12:00 Casserole w/Garlic Bread 12:30 Recovery <b>Art/Craft Project</b>	<b>12</b> 10:00PeerSupport 11:00 House Meeting 12:00 Soup & Sandwich 12:30 <b>Wellness</b>	<b>13</b> 10:00 Peer Support 11:00 House Meeting 12:00 Buffet <b>\$1</b> 12:30 Employment/Volunteering/Hobby <b>Special Program</b>	
<b>15</b>	<b>16</b> 10:00 Peer Support 11:00 House Meeting 12:00 Pizza 12:30 Maintaining Mental Health <b>MOVIE-Call for Details</b> <b>NAMI SUPPORT GROUP 6:15-7:45p</b>	<b>17</b> 10:00 Peer Support 11:00 House Meeting 12:00 Eggs/Saus/Toast & Potatoes 12:30 Managing our Emotions <b>Cooking Group</b>	<b>18</b> 10:00 Peer Support 11:00 House Meeting 12:00 Casserole w/Garlic Bread 12:30 Recovery <b>Art/Craft Project</b>	<b>19</b> 10:00PeerSupport 11:00 House Meeting 12:00 Soup & Sandwich 12:30 <b>Wellness</b>	<b>20</b> 10:00 Peer Support 11:00 House Meeting 12:00 Buffet <b>\$1</b> 12:30 Employment/Volunteering/Hobby <b>Special Program</b>	<b>21</b>
<b>22</b>	<b>23</b> 10:00 Peer Support 11:00 House Meeting 12:00 Pizza 12:30 Maintaining Mental Health <b>MOVIE-Call for Details</b>	<b>24</b> 10:00 Peer Support 11:00 House Meeting 12:00 Eggs/Saus/Toast & Potatoes 12:30 Managing our Emotions <b>Cooking Group</b>	<b>25</b> 10:00 Peer Support 11:00 House Meeting 12:00 Casserole w/Garlic Bread 12:30 Recovery <b>Art/Craft Project</b>	<b>26</b> <b>ABW CLOSED</b>	<b>27</b> <b>ABW CLOSED</b>	<b>28</b>
<b>29</b>	<b>30</b> 10:00 Peer Support 11:00 House Meeting 12:00 Pizza 12:30 Maintaining Mental Health <b>Cooking Group</b> Celebrate Nov B-days					

205 S. Cherry Ave., Marshfield, WI 54449 (715) 207-6622

OPEN 10:00 AM – 2:00 PM, MONDAY THRU FRIDAY

*You are welcomed here at any time during open hours*

Funding provided by Midstate Independent Living Choices, Wood County Human Services and Marshfield Area Community Foundation

