At ROCC Point adults dealing with mental health issues find support and encouragement, and share coping strategies.

## **ROCC Point**



Menu & Activities
Subject to Change

## LUNCH AND ACTIVITY CALENDAR NOVEMBER 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
1	2	3	4	5	6	7
GB vs. MN Packer Party! 11:30am- 4pm	10:30 Peer Support 12:00 Sandwiches 1:00 Support Group	10:30 Peer Support 12:00 Fish Sticks & Fries 3-4pm Men's Group	CLOSED For Staff Training	10:30 Peer Support 12:00 Sandwiches 1:00 Support Group	10:30 Peer Support 12:00 Leftovers 1:00 Support Group 2:00 Employment	
8	9 10:30 Peer Support 12:00 Sandwiches 1:00 Support Group	10:30 Peer Support 12:00 Chili 3-4pm Men's Group	10:30 Peer Support 12:00 Sandwiches 3-4pm Women's Group	9:30 – 10:30  ROCC  Advisory Mtg. 10:30 Peer Support 12:00 Sandwiches 1:00 Support Group	10:30 Peer Support 12:00 Leftovers 1:00 Support Group 2:00 Employment	14
15	16  10:30 Peer Support 12:00 Sandwiches 1:00 Support Group	10:30 Peer Support 12:00 Tuna Casserole 3-4pm Men's Group	10:30 Peer Support 12:00 Sandwiches 3-4pm Women's Group	10:30 Peer Support 12:00 Sandwiches 1:00 Support Group	10:30 Peer Support 12:00 Leftovers 1:00 Support Group 2:00 Employment	21
22	10:30 Peer Support 12:00 Sandwiches 1:00 Support Group	10:30 Peer Support 12:00 Hot Dogs and Mac-n-Cheese 3-4pm Men's Group	10:30 Peer Support 12:00 Sandwiches 3-4pm Women's Group	CLOSED ~Holiday~	eloseD ~Holiday~	28
29	10:30 Peer Support 12:00 Sandwiches 1:00 Support Group					

IF YOU ARE NEW TO THE CENTER, PLEASE CALL TO MEET WITH STAFF FOR A SHORT TOUR AND ORIENTATION. MEMBERSHIP IS FREE.

**ROCC Point** 2040 Jefferson St. Stevens Point, WI. 54481 **(715) 544-0455** 

OPEN 10:30 AM - 3:30 PM, MONDAY THRU FRIDAY

Men's group Tuesday 3:00-4:00p , Women's Group Wednesday 3:00-4:00p

Remember...you are welcomed here at any time during open hours

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