

# RIVER CITIES CLUBHOUSE



April  
2020

Lunch Served Daily:  
M-Th: \$2, F: \$1

At RCC adults navigating mental health, wellness  
& substance use recovery come together to  
receive on site peer support & encouragement.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	
				10a Peer Support	10a Peer Support	
				11a Recovery Support	11a Recovery Support	
				12p Lunch:Soup/Sandwich	12p Lunch:Leftovers	
				12:30p Art Group	12:30p Discussion Group	
	5	6	7	8	9	
	10a Peer Support	10a Peer Support		10a Peer Support	10a Peer Support	
	11a Weekly Agenda	11a House Meeting	Closed	11a Recovery Support	11a Recovery Support	
	12p Lunch:Pizza	12p Lunch:Chicken Casser	Staff training	12p Lunch:Soup/Sandwich	12p Lunch:Leftovers	
	12:30p Discussion Group	12:30p Discussion Group		12:30p Art Group	12:30p Discussion Group	
	12	13	14	15	16	
	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	
	11a Weekly Agenda	11a House Meeting	11a Recovery Support	11a Recovery Support	11a Recovery Support	
	12p Lunch:Burgers&Fries	12p Lunch:Grilled Cheese	12p Lunch:Chicken& Rice	12p Lunch:Soup/Sandwich	12p Lunch:Leftovers	
	12:30p Discussion Group	12:30p Discussion Group	12:30p Mindfulness Group	12:30p Art Group	12:30p Discussion Group	
	19	20	21	22	23	
	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	
	11a Weekly Agenda	11a House Meeting	11a Recovery Support	11a Recovery Support	11a Recovery Support	
	12p Lunch:Spaghetti	12p Lunch:Meatloaf	12p Lunch:Lasagna	12p Lunch:Soup/Sandwich	12p Lunch:Leftovers	
	12:30p Discussion Group	12:30p Discussion Group	12:30p Mindfulness Group	12:30p Art Group	12:30p Discussion Group	
	26	27	28	29	30	
	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	
	11a Weekly Agenda	11a House Meeting	11a Recovery Support	11a Recovery Support	11a Recovery Support	
	12p Lunch:Chili	12p Lunch:Alfredo Chicken	12p Lunch: French Toast	12p Lunch:Soup/Sandwich	12p Lunch:Leftovers	
	12:30p Discussion Group	12:30p Discussion Group	12:30p Mindfulness Group	12:30p Art Group	12:30p Discussion Group	

441 Garfield St.  
Wisconsin Rapids, WI. 54494

OPEN  
Monday - Friday  
10 am - 2 pm

If you have questions, concerns, or wish to speak  
to a Certified Peer Specialist, call : (715) 424-4115  
For the Wood County crisis line, call : (715) 421-8840