

ROCC POINT



**APRIL
2021**

Men's Group:T 3-4p
Women's Group:W 3-4p
Support Group:M,TH,F 1-2p

At ROCC Point adults navigating mental health, wellness & substance use recovery come together to receive on site peer support & encouragement

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				10:30a Mindfulness 12p Lunch 1p Support Group 2p Peer Support	10:30a Mindfulness 12p Leftovers 1p Support Group 2p Peer Support	
4	5	6	7	8	9	10
	10:30a Mindfulness 12p Lunch 1p Support Group 2p Peer Support	10:30a Mindfulness 12p Pork Roast 1p Art Group 2p Peer Support 3-4p Men's Group	CENTER CLOSED Staff Training	9:30a Advisory Meeting 10:30a Mindfulness 12p Lunch 1p Support Group 2p Peer Support	10:30a Mindfulness 12p Leftovers 1p Support Group 2p Peer Support	GAME NIGHT 4-8pm *Sign-up at ROCC or Call Max 10 people*
11	12	13	14	15	16	17
	10:30a Mindfulness 12p Lunch 1p Support Group 2p Peer Support	10:30a Mindfulness 12p Member Choice 1p Art Group 2p Peer Support 3-4p Men's Group	10:30a Mindfulness 12p Lunch 1p House Meeting 2p Peer Support 3-4p Women's Group	10:30a Mindfulness 12p Lunch 1p Support Group 2p Peer Support	10:30a Mindfulness 12p Leftovers 1p Support Group 2p Peer Support	
18	19	20	21	22	23	24
	10:30a Mindfulness 12p Lunch 1p Support Group 2p Peer Support	10:30a Mindfulness 12p Grilled Ham&Cheese 1p Art Group 2p Peer Support 3-4p Men's Group	10:30a Mindfulness 12p Lunch 1p House Meeting 2p Peer Support 3-4p Women's Group	10:30a Mindfulness 12p Lunch 1p Support Group 2p Peer Support	10:30a Mindfulness 12p Leftovers 1p Support Group 2p Peer Support	
25	26	27	28	29	30	
	10:30a Mindfulness 12p Lunch 1p Support Group 2p Peer Support	10:30a Mindfulness 12p Sloppy Joe's 1p Art Group 2p Peer Support 3-4p Men's Group	10:30a Mindfulness 12p Lunch 1p House Meeting 2p Peer Support 3-4p Women's Group	10:30a Mindfulness 12p Lunch 1p Support Group 2p Peer Support	10:30a Mindfulness 12p Leftovers 1p Support Group 2p Peer Support	

2040 Jefferson St.
Stevens Point, WI. 54481

OPEN
Monday - Friday
10:30 am - 3:30 pm

If you have questions, concerns, or wish to speak to a Certified Peer Specialist, call : (715) 544-0455
For Portage County Crisis Line, call : (866) 317-9362