

RIVER CITIES CLUBHOUSE



August
2021

Lunch Served Daily:
M-Th: \$2, F: \$1

At RCC adults navigating mental health, wellness
& substance use recovery come together to
receive on site peer support & encouragement.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1-Aug	2	3	4	5	6	
10a Peer Support	10a Peer Support	10a Peer Support		10a Peer Support	10a Peer Support	
11a Recovery Support	11a House Meeting	11a House Meeting	CENTER CLOSED	11a Recovery Support	11a Recovery Support	
12p Lunch: Mac N Cheese	12p Lunch:Salad	12p Lunch:Salad	Staff Training	12p Lunch:Soup and Sandv	12p Lunch:Leftovers	
12:30p Discussion Group	12:30p Discussion Group	12:30p Discussion Group		12:30p Art Group	12:30p Discussion Group	
	9	10	11	12	13	
10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	
11a Weekly Agenda	11a House Meeting	11a House Meeting	11a Recovery Support	11a Recovery Support	11a Recovery Support	
12p Lunch: Jumbalaya	12p Lunch:Pizza	12p Lunch:Pizza	12p Lunch:Chili Dog	12p Lunch:Soup and Sandv	12p Lunch:Leftovers	
12:30p Discussion Group	12:30p Discussion Group	12:30p Discussion Group	12:30p Mindfulness Group	12:30p Art Group	12:30p Discussion Group	
	16	17	18	19	20	
10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	
11a Weekly Agenda	11a House Meeting	11a House Meeting	11a Recovery Support	11a Recovery Support	11a Recovery Support	
12p Lunch:Hot Ham and C	12p Lunch: Carbonara	12p Lunch: Carbonara	12p Lunch:Fish & Chips	12p Lunch:Soup and Sandv	12p Lunch:Leftovers	
12:30p Discussion Group	12:30p Discussion Group	12:30p Discussion Group	12:30p Mindfulness Group	12:30p Art Group	12:30p Discussion Group	
	23	24	25	26	27	
10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	
11a Weekly Agenda	11a House Meeting	11a House Meeting	11a Recovery Support	11a Recovery Support	11a Recovery Support	
12p Lunch: Spaghetti	12p Lunch: Elvis Pancakes	12p Lunch: Elvis Pancakes	12p Lunch:Omlette Bar	12p Lunch:Soup and Sandv	12p Lunch:Leftovers	
12:30p Discussion Group	12:30p Discussion Group	12:30p Discussion Group	12:30p Mindfulness Group	12:30p Art Group	12:30p Discussion Group	
	30	31	9/1	2	3	
10a Peer Support	10a Peer Support	10a Peer Support		10a Peer Support	10a Peer Support	
11a Weekly Agenda	11a House Meeting	11a House Meeting	CENTER CLOSED	11a Recovery Support	11a Recovery Support	
12p Lunch:Grilled Cheese	12p Lunch:French Toast	12p Lunch:French Toast	Staff Training	12p Lunch:Soup and Sandv	12p Lunch:Leftovers	
12:30p Discussion Group	12:30p Discussion Group	12:30p Discussion Group		12:30p Art Group	12:30p Discussion Group	

441 Garfield St.
Wisconsin Rapids, WI. 54494

OPEN
Monday - Friday
10 am -2 pm

If you have questions, concerns, or wish to speak
to a Certified Peer Speicalist, call : (715) 424-4115
For the Wood County crisis line, call : (715) 421-8840