

ROCC POINT



**DECEMBER
2021**

Men's Group:T 3-4p
Women's Group:W 3-4p
Support Group:M,TH,F 1-2p

At ROCC Point adults navigating mental health, wellness & substance use recovery come together to receive on site peer support & encouragement

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
			CLOSED Staff Training	11a Mindfulness 12p Lunch-Sandwiches 1p Support Group 2p Peer Support *CLEANING DAY* Bathrooms & Day Room	11a Meditation 12p Lunch - Leftovers 1p Support Group 2p Peer Support *Water Indoor Plants*	
5	6	7	8	9	10	11
11a Mindfulness 12p Lunch - Sandwiches 1p Support Group 2p Peer Support	11a Mindfulness 12p Members Choice 1p Art Group 2p Peer Support 3-4p Men's Group	11a Mindfulness 12p Lunch-Sandwiches 1p House Meeting 2p Peer Support 3-4p Women's Group	11a Mindfulness 12p Lunch-Sandwiches 1p Support Group 2p Peer Support *CLEANING DAY* Floors,Kitchen, Pantry	11a Mindfulness 12p Lunch-Sandwiches 1p Support Group 2p Peer Support *CLEANING DAY* Bathrooms & Day Room	11a Meditation 12p Lunch - Leftovers 1p Support Group 2p Peer Support *Water Indoor Plants*	
12	13	14	15	16	17	18
11a Mindfulness 12p Lunch-Sandwiches 1p Support Group 2p Peer Support	11a Mindfulness 12p Grilled Cheese&Soup 1p Art Group 2p Peer Support 3-4p Men's Group	11a Mindfulness 12p Lunch-Sandwiches 1p House Meeting 2p Peer Support 3-4p Women's Group	11a Mindfulness 12p Lunch-Sandwiches 1p Support Group 2p Peer Support *CLEANING DAY: Bathrooms & Day Room	11a Mindfulness 12p Lunch-Sandwiches 1p Support Group 2p Peer Support *CLEANING DAY: Bathrooms & Day Room	11a Meditation 12p Lunch - Leftovers 1p Support Group 2p Peer Support *Water Indoor Plants *	
19	20	21	22	23	24	25
11a Mindfulness 12p Lunch-Sandwiches 1p Support Group 2p Peer Support	11a Mindfulness 12p Breakfast Bake 1p Support Group 2p Peer Support	11a Mindfulness 12p Lunch-Sandwiches 1p House Meeting 2p Peer Support 3-4p Women's Group	11a Mindfulness 12p Lunch-Sandwiches 1p Support Group 2p Peer Support *CLEANING DAY: Bathrooms & Day Room	11a Mindfulness 12p Lunch-Sandwiches 1p Support Group 2p Peer Support *CLEANING DAY: Bathrooms & Day Room	CLOSED HOLIDAY	
26	27	28	29	30	31	1-Jan
CLOSED HOLIDAY	11a Mindfulness 12p Sloppy Joes 1p Art Group 2p Peer Support	11a Mindfulness 12p Lunch-Sandwiches 1p House Meeting 2p Peer Support	11a Mindfulness 12p Lunch-Sandwiches 1p Support Group 2p Peer Support *CLEANING DAY* Floors,Kitchen, Pantry	11a Mindfulness 12p Lunch-Sandwiches 1p Support Group 2p Peer Support *CLEANING DAY* Floors,Kitchen, Pantry	CLOSED HOLIDAY	

2040 Jefferson St.
Stevens Point, WI. 54481

OPEN
Monday - Friday
10:30 am - 3:30 pm

If you have questions, concerns, or wish to speak to a Certified Peer Specialist, call : (715) 544-0455
For Portage County Crisis Line, call : (866) 317-9362