

ROCC POINT



**April
2022**

Men's Group:M 230-330p
Women's Group:W 3-4p
Support Group:F 1-2p

At ROCC Point adults navigating mental health, wellness & substance use recovery come together to receive on site peer support & encouragement

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					11a Meditation	
					12p Lunch - Leftovers	
					1p Support Group	
					2p Peer Support	
					Water Indoor Plants	
3	4	5	6	7	8	9
11a Mindfulness		CLOSED	CLOSED	11a Mindfulness	11a Meditation	
12p Lunch-Sandwiches				12p Lunch-Sandwiches	12p Lunch - Leftovers	
2p Peer Support				1p Support Group	1p Support Group	
230-330p Men's Group				2p Peer Support	2p Peer Support	
					*Water Indoor Plants *	
10	11	12	13	14	15	16
11a Mindfulness		CLOSED	CLOSED	11a Mindfulness	11a Meditation	
12p Lunch-Sandwiches				12p Lunch-Sandwiches	12p Lunch - Leftovers	
2p Peer Support				1p Support Group	1p Support Group	
230-330p Men's Group				2p Peer Support	2p Peer Support	
					*Water Indoor Plants *	
17	18	19	20	21	22	23
11a Mindfulness		11a Meditation	11a Mindfulness			
12p Lunch-Sandwiches		12p Lunch - Sandwiches	12p Lunch- Fish sticks/Frie	CLOSED	CLOSED	
2p Peer Support		1p Support Group	1p House Meeting			
230-330p Men's Group		2p Peer Support	2p Peer Support			
		*Water Indoor Plants *	3-4p Women's Group			
24	25	26	27	28	29	30-Jan
11a Mindfulness			11a Mindfulness			
12p Lunch-Sandwiches		CLOSED	12p Lunch- Lasagna Soup	CLOSED		
2p Peer Support			1p House Meeting			
230-330p Men's Group			2p Peer Support			
			3-4p Women's Group			

2040 Jefferson St.
Stevens Point, WI. 54481

OPEN
Mon, Wed, Fri,
10:30 am - 3:30 pm

If you have questions, concerns, or wish to speak
to a Certified Peer Specialist, call : (715) 544-0455
For Portage County Crisis Line, call : (866) 317-9362