

ROCC POINT



**May
2022**

Men's Group:M 230-330p
Women's Group:W 3-4p
Support Group:F 1-2p

At ROCC Point adults navigating mental health, wellness & substance use recovery come together to receive on site peer support & encouragement

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	11a Mindfulness 12p Lunch-Sloppy Joes 1p Support Group 2p Peer Support 230-330p Men's Group	11a Mindfulness 12p Lunch-Sandwiches 1p House Meeting 2p Peer Support	CLOSED Staff Training	CLOSED	11a Meditation 12p Lunch - Leftovers 1p Support Group 2p Peer Support *Water Indoor Plants*	
8	9	10	11	12	13	14
	11a Mindfulness 12p Lunch-Sandwiches 1p Support Group 2p Peer Support 230-330p Men's Group	CLOSED	11a Mindfulness 12p Lunch-Tacos 1p House Meeting 2p Peer Support 3-4p Women's Group Advisory committee mtg	CLOSED	11a Meditation 12p Lunch - Leftovers 1p Support Group 2p Peer Support *Water Indoor Plants *	
15	16	17	18	19	20	21
	11a Mindfulness 12p Lunch-Sandwiches 1p Support Group 2p Peer Support 230-330p Men's Group	CLOSED	11a Mindfulness 12p Lunch-Salads 1p House Meeting 2p Peer Support 3-4p Women's Group St. Patricks Day Celebration	CLOSED	11a Meditation 12p Lunch - Leftovers 1p Support Group 2p Peer Support *Water Indoor Plants *	
22	23	24	25	26	27	28
	11a Mindfulness 12p Lunch-Sandwiches 1p Support Group 2p Peer Support 230-330p Men's Group	CLOSED	11a Mindfulness 12p Lunch-Spring veg past 1p House Meeting 2p Peer Support 3-4p Women's Group	CLOSED	11a Meditation 12p Lunch - Leftovers 1p Support Group 2p Peer Support *Water Indoor Plants *	
29	30	31	1-Jun	2-Jun	3-Jun	4-Jun
	CLOSED Memorial Day	11a Mindfulness 12p Lunch-Stir Fry 1p Support Group 2p Peer Support	CLOSED	11a Mindfulness 12p Lunch- Sandwiches 1p House Meeting 2p Peer Support	11a Mindfulness 12p Lunch- Leftovers 1p House Meeting 2p Peer Support	

2040 Jefferson St.
Stevens Point, WI. 54481

OPEN
Mon, Wed, Fri,
10:30 am - 3:30 pm

If you have questions, concerns, or wish to speak to a Certified Peer Specialist, call : (715) 544-0455
For Portage County Crisis Line, call : (866) 317-9362