A BETTER WAY CLUBHOUSE

JUNE 2022

Lunch Served Daily: M-TH: \$2 F: \$1 At ABW adults navigating mental health, wellness & substance use recovery come together to receive on site peer support & encouragement.



	2022		M-1H: \$2, F: \$1		receive on s	ite peer sup	port & encouragement.			lioices	
Sunday	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday
						1		2		3	4
					10a Peer Support 11a House Meeting 12p Lunch 12:30p Support Group		CENTER CLOSED		10a Peer Support 11a House Meeting 12p Lunch 12:30p Support Group		
5		6		7		8		9		10	11
	10a Peer Support		10a Peer Support		10a Peer Support		10a Peer Support			_	
	11a House Meeting		11a House Meeting		11a House Meeting		11a House Meeting		Wildwood Zoo		
	12p Lunch		12p Lunch		12p Lunch		12p Lunch		Rock hiding and picnic.		
	12:30p Support Group		12:30p Support Group		12:30p Support Group		12:30p Support Group		10:00am - 2:00pm		
	COOKING GROUP						MEDITATION	GROUP			
12		13		14		15		16		17	18
	10a Peer Support		10a Peer Support		10a Peer Support		10a Peer Support		10a Peer Support		
	11a House Meeting		11a House Meeting		11a House Meeting		11a House Meeting		11a House Meeting		
	12p Lunch		12p Lunch		12p Lunch		12p Lunch		12p Lunch: buffet		
	12:30p Support Group		12:30p Support Group		12:30p Support Group		12:30p Support Group		12:30p Support Group		
									1:30p Employment/		
	COOKING GR		10:15 Advisor				MEDITATION	GROUP	Volunteering	/Hobby	
19	_	20		21		22		23		24	25
	10a Peer Support		10a Peer Support		10a Peer Support				10a Peer Su	oport	
	11a House Meeting		11a House Meeting		11a House Meeting		Bowling at		11a House Meeting		
	12p Lunch		12p Lunch		12p Lunch		Rosebowl		12p Lunch: buffet		
	12:30p Support Group		12:30p Support Group		12:30p Support Group		12 -2pm		12:30p Support Group		
									1:30p Emplo	yment/	
	COOKING GROUP								Volunteering	/Hobby	
26		27		28		29		30		1-July	2-Jul
	10a Peer Support		10a Peer Support		10a Peer Support		10a Peer Support		10a Peer Support		
	11a House Meeting		11a House Meeting		11a House Meeting		11a House Meeting		11a House Meeting		
	12p Lunch		12p Lunch		12p Lunch		12p Lunch		12p Lunch: buffet		
	12:30p Support Group		12:30p Support Group		12:30p Support Group		12:30p Support Group		12:30p Support Group		
									1:30p Employment/		
	COOKING GROUP						MEDITATION	GROUP	Volunteering	/Hobby	

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