

ROCC POINT



**June
2022**

Men's Group:M 230-330j
Women's Group:W 3-4p
Support Group:F 1-2p

At ROCC Point adults navigating mental health, wellness & substance use recovery come together to receive on site peer support & encouragement

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			11a Mindfulness	CLOSED	11a Meditation	
			12p Lunch		12p Lunch - Leftovers	
			1p Support Group		1p Support Group	
			2p Peer Support		2p Peer Support	
			3-4p Women's Group			
					Water Indoor Plants	
5	6	7	8	9	10	11
11a Mindfulness		CLOSED	11a Mindfulness	CLOSED	11a Meditation	
12p Lunch-Sandwiches			12p Lunch		12p Lunch - Leftovers	
1p Support Group			1p House Meeting		1p Support Group	
2p Peer Support			2p Peer Support		2p Peer Support	
230-330p Men's Group			3-4p Women's Group			
			Advisory committee mtg		*Water Indoor Plants *	
12	13	14	15	16	17	18
11a Mindfulness		CLOSED	11a Mindfulness	CLOSED	11a Meditation	
12p Lunch-Sandwiches			12p Lunch		12p Lunch - Leftovers	
1p Support Group			1p House Meeting		1p Support Group	
2p Peer Support			2p Peer Support		2p Peer Support	
230-330p Men's Group			3-4p Women's Group			
					*Water Indoor Plants *	
19	20	21	22	23	24	25
11a Mindfulness		CLOSED	11a Mindfulness	CLOSED	11a Meditation	
12p Lunch-Sandwiches			12p Lunch		12p Lunch - Leftovers	
1p Support Group			1p House Meeting		1p Support Group	
2p Peer Support			2p Peer Support		2p Peer Support	
230-330p Men's Group			3-4p Women's Group			
					*Water Indoor Plants *	
26	27	28	29	30	1-Jul	2-Jul
11a Mindfulness		CLOSED	11a Mindfulness	CLOSED	11a Mindfulness	
12p Lunch-Sandwiches			12p Lunch		12p Lunch- Leftovers	
1p Support Group			1p Support Group		1p House Meeting	
2p Peer Support			2p Peer Support		2p Peer Support	

2040 Jefferson St.
Stevens Point, WI. 54481

OPEN
Mon, Wed, Fri,
10:30 am - 3:30 pm

If you have questions, concerns, or wish to speak to a Certified Peer Specialist, call : (715) 544-0455
For Portage County Crisis Line, call : (866) 317-9362