

# ROCC POINT



**July  
2022**

Men's Group:M 230-330p  
Women's Group:W 3-4p  
Support Group:F 1-2p

At ROCC Point adults navigating mental health, wellness & substance use recovery come together to receive on site peer support & encouragement

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 2	
					10:30a Peer Support 12p Lunch- Leftovers 1p Discussion/ Relaxation Group 2p Art Group	
3	4	5	6	7	8	9
	<b>CLOSED</b> Happy 4th of July	<b>CLOSED</b>	10:30a Peer Support 12p Lunch- Biscuits/Gravy 1p Socialization/Activity Group 3p Mindfulness/ Women's Group	<b>CLOSED</b>	10:30a Peer Support 12p Lunch- Leftovers 1p Discussion/ Relaxation Group 2p Art Group	
10	11	12	13	14	15	16
	10:30a Peer Support 12p Lunch- Sandwiches 1p Relaxation Group 230-330p Men's Group	<b>CLOSED</b>	10:30a Peer Support 12pLunch-Homemade Pizz 1p Social./Activity Group 3p Mindfulness/ Women's Group <b>9:30a Adv. Comm. Mg</b>	<b>CLOSED</b>	10:30a Peer Support 12p Lunch- Leftovers 1p Discussion/ Relaxation Group 2p Art Group Women's Group	
17	18	19	20	21	22	23
	10:30a Peer Support 12p Lunch- Sandwiches 1p Relaxation Group 230-330p Men's Group	<b>CLOSED</b>	10:30a Peer Support 12p Lunch- Chicken Stir Fr 1p Socialization/Activity Group 3p Mindfulness/ Women's Group	<b>CLOSED</b>	10:30a Peer Support 12p Lunch- Leftovers 1p Discussion/ Relaxation Group 2p Art Group	
24	25	26	27	28	29	30
	10:30a Peer Support 12p Lunch- Sandwiches 1p Relaxation Group 230-330p Men's Group	<b>CLOSED</b>	10:30a Peer Support 12p Lunch-Breakfast Burritos 1p Socialization/Activity Group 3p Mindfulness/ Women's Group	<b>CLOSED</b>	10:30a Peer Support 12p Lunch- Leftovers 1p Discussion/ Relaxation Group 2p Art Group	

OPEN

Mon, Wed, Fri,  
10:30 am - 3:30 pm

If you have questions, concerns, or wish to speak to a Certified Peer Specialist, call : (715) 544-0455  
For Portage County Crisis Line, call : (866) 317-9362

2040 Jefferson St.  
Stevens Point, WI. 54481