

RIVER CITIES CLUBHOUSE



March
2023

Lunch Served Daily:
M-F: \$2, Leftovers: \$1

At RCC adults navigating mental health, wellness & substance use recovery come together to receive on site peer support & encouragement.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			CLOSED MILC Meeting	10a Peer Support 11:15a Lunch 12:15p Discussion/ Relaxation Group 1:15p Activity Group	10a Peer Support 11a Discussion/ Relaxation Group 12p Lunch 12:30p Art Group	
5	6	7	8	9	10	11
10a Peer Support 11:15a Lunch 12:15p Discussion/ Relaxation Group 1:15p Activity Group	10a Peer Support 11:15a Lunch 12:15p Discussion Relaxation Group 1:15p Activity Group	10a Peer Support 11:15a Lunch 12:15p Discussion/ Relaxation Group 1:15p Activity Group	10a Peer Support 11:15a Lunch 12:15p Discussion/ Relaxation Group 1:15p Activity Group	10a Peer Support 11:15a Lunch 12:15p Discussion/ Relaxation Group 1:15p Activity Group	10a Peer Support 11a Discussion/ Relaxation Group 12p Lunch 12:30p Art Group	
12	13	14	15	16	17	18
10a Peer Support 11:15a Lunch 12:15p Discussion/ Relaxation Group 1:15p Activity Group	10a Advisory Board Meeting 10a Peer Support 11:30a Lunch 12:30p Discussion/ Relaxation Group 1:15p Activity Group	10a Peer Support 11:15a Lunch 12:15p Discussion/ Relaxation Group 1:15p Activity Group	10a Peer Support 11:15a Lunch 12:15p Discussion/ Relaxation Group 1:15p Activity Group	10a Peer Support 11:15a Lunch 12:15p Discussion/ Relaxation Group 1:15p Activity Group	10a Peer Support 11a Discussion/ Relaxation Group 12p Lunch (Corned Beef & Cabbage) 12:30p Art Group	
19	20	21	22	23	24	25
10a Peer Support 11:15a Lunch (Rick making Seafood Chowder) 12:15p Discussion/ Relaxation Group 1:15p Activity Group	10a Peer Support 11:30a Lunch 12:30p Discussion/ Relaxation Group 1:15p Activity Group	CLOSED	CLOSED Mental Health First Aid Training For Staff 9am-3:30pm	CLOSED Disability Advocacy Day For Staff in Madison 9:30am-3:30pm	10a-12p Storytellers Workshop/Training 12p Lunch 12:30 Art Group	
26	27	28	29	30	31	
10a Peer Support 11:15a Lunch 12:15p Discussion/ Relaxation Group 1:15p Activity Group	10a Peer Support 11:30a Lunch: 12:30p Discussion/ Relaxation Group 1:15p Activity Group	10a Peer Support 11:15a Lunch 12:15p Discussion/ Relaxation Group 1:15p Activity Group	10a Peer Support 11:15a Lunch 12:15p Discussion/ Relaxation Group 1:15p Activity Group	10a Peer Support 11:15a Lunch 12:15p Discussion/ Relaxation Group 1:15p Activity Group	10a Peer Support 11a Discussion/ Relaxation Group 12p Lunch 12:30p Art Group	

441 Garfield St.
Wisconsin Rapids, WI. 54494

OPEN
Monday - Friday
10 am - 2 pm

If you have questions, concerns, or wish to speak to a Certified Peer Specialist, call : (715) 424-4115
For the Wood County crisis line, call : (715) 421-2345