

RIVER CITIES CLUBHOUSE



May
2023

Lunch Served Daily:
M-F: \$2, Leftovers: \$1

At RCC adults navigating mental health, wellness & substance use recovery come together to receive on site peer support & encouragement.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	10a Peer Support 11:15a Lunch 12:15p Discussion/ Relaxation Group 1:15p Activity Group	10a Peer Support 11:15a Lunch 12:15p Discussion Relaxation Group 1:15p Activity Group	CLOSED MILC Meeting	10a Peer Support 11:15a Lunch 12:15p Discussion/ Relaxation Group 1:15p Activity Group	10a Peer Support 11a Discussion/ Relaxation Group 12p Lunch 12:30p Art Group	
7	8	9	10	11	12	13
	10a Peer Support 11:15a Lunch 12:15p Discussion/ Relaxation Group 1:15p Activity Group	10a Adv. Board Meeting 11a Peer Support 11:15a Lunch 12:15p Discussion Relaxation Group 1:15p Activity Group	10a Peer Support 11:15a Lunch 12:15p Discussion/ Relaxation Group 1:15p Activity Group	10a Peer Support 11:15a Lunch 12:15p Discussion/ Relaxation Group 1:15p Activity Group	10a Peer Support 10:30 Cooking group 11:30 Lunch 12:30 Travel to ROCC 1p Movie Day at ROCC 3:30p Return to RCC	
14	15	16	17	18	19	20
	10a Peer Support 11:15a Lunch 12:15p Discussion/ Relaxation Group 1:15p Activity Group	9a Clinical Supervision (TJ) 10:15a Peer Support 11:30a Lunch 12:30p Discussion/ Relaxation Group 1:15p Activity Group	10a Peer Support 11:15a Lunch 12:15p Discussion/ Relaxation Group 1:15p Activity Group	10a Peer Support 11:15a Lunch 12:15p Discussion/ Relaxation Group 1:15p Activity Group	10a Peer Support 11a Discussion/ Relaxation Group 12p Lunch 12:30p Art Group	
21	22	23	24	25	26	27
	10a Peer Support 11:15a Lunch 12:15p Discussion/ Relaxation Group 1:15p Activity Group	10a Peer Support 11:30a Lunch 12:30p Discussion/ Relaxation Group 1:15p Activity Group	10a Peer Support 11:15a Lunch 12:15p Discussion Relaxation Group 1:15p Activity Group	10a Peer Support 11:15a Lunch 12:15p Discussion/ Relaxation Group 1:15p Activity Group	10a Peer Support 11a Discussion/ Relaxation Group 12p Lunch 12:30p Art Group	
28	29	30	31			
	Closed Memorial Day	10a Peer Support 11:00a Final Planting Part 12:30p Lunch 1:15p Activity Group	10a Peer Support 11:15a Lunch 12:15p Discussion/ Relaxation Group 1:15p Activity Group			

441 Garfield St.
Wisconsin Rapids, WI. 54494

OPEN
Monday - Friday
10 am - 2 pm

If you have questions, concerns, or wish to speak to a Certified Peer Specialist, call : (715) 424-4115
For the Wood County crisis line, call : (715) 421-2345