RIVER CITIES CLUBHOUSE

January
2024

Lunch Served Daily:
M-F: \$2, Leftovers: \$1

Monday

At RCC adults navigating mental health, wellness
& substance use recovery come together to
receive on site peer support & encouragement.

Wednesday

Thursday

1

2

3

4



TER CIVES CLUBING	2024	M-F: \$2, Leftovers: \$1	receive on site peer support & encouragement.		Living Choices	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
		10a Peer Support		10a Peer Support	10a Peer Support	
	CLOSED	11a Discussion Group	CLOSED	11a Discussion Group	11a Discussion Group	
	Happy New Year!	11:30a Cooking Group	(MILC Meeting)	11:30a Cooking Group	11:30a Cooking Group	
		12:30p Relaxation Group		12:30p Relaxation Group	12:30p Relaxation Group	
		1p Activity Group		1p Activity Group	1p Art Group	
7	8	9	10	11	12	13
	10a Peer Support	10a Peer Support	Puzzle Tournament!	10a Peer Support	10a Peer Support	
	11a Discussion Group	11:15a RCC-ABW Advisory	1	11a Discussion Group	11a Cooking Group	
	11:30a Cooking Group	Committee Meeting	Bring a puzzle with you!	11:30a Cooking Group	11:30a Leave for MILC	
	12:30p Relaxation Group	12:15p Cooking Group	<u> </u>	12:30p Relaxation Group	12p Movie Day at MILC	
	1p Activity Group	1p Activity Group		1p Activity Group	"A Beautiful Mind"	
					2:00p Return to RCC	
14	15			18		20
		10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	
	CLOSED	11a Discussion Group	11a Discussion Group	11a Discussion Group	11a Discussion Group	
	(Martin Luther King Jr. Day)		11:30a Cooking Group	11:30a Cooking Group	11:30a Cooking Group	
		12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	
		1:30p Activity Group	1:30p Activity Group	1p Activity Group	1p Activity Group	
21	22	23	24	25	26	27
21			24			21
	10a Peer Support	10a Peer Support	10a Peer Support	Adventure Day!	10a Peer Support	
	11a Discussion Group	10a "Up To Me" Meeting	11a Discussion Group		11a Discussion Group	
	11:30a Cooking Group	11:30a Cooking Group	11:30a Cooking Group	Leigh Yawkee	11:30a Cooking Group	
	12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	Woodson Art Museum	12:30p Relaxation Group	
	1p Activity Group	1p Activity Group	1p Activity Group	10:30-2:00	1p Activity Group	
28	29	30	31	30		
	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support		
	11a Discussion Group	10:30a Leave for ROCC	11a Discussion Group	11a Discussion Group		
	11:30a Cooking Group	Peers Day at ROCC!	11:30a Cooking Group	11:30a Cooking Group		
	12:30p Relaxation Group	2p Return to RCC	12:30p Relaxation Group	12:30p Relaxation Group		
	1p Activity Group		1p Activity Group	1p Activity Group		