

# ROCC POINT



Monday-Friday  
10:30a-3:30p

**January**

Lunch 12p daily  
Peer Support 1p daily

A recovery center for adults living with  
mental health and substance use struggles.  
We offer encouragement and hope.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5-Jan	6
	<b>CLOSED</b> Happy New Year!	11a Game Group 12p Lunch 1p Peer Support Group 2p LGBTQIA+ Group	<b>CLOSED</b> (first Wednesday of the month)	11a Inspirational Group 12p Lunch 1p Peer Support Group 2p Meditation Group	11a IL Skills Group 12p Lunch 1p Peer Support Group 2p Art Group	
7	8	9	10	11	12	13
	<b>CLOSED until 1p</b> 1p Peer Support Group 2p Meditation Group	11a Game Group 12p Lunch 1p Peer Support Group 2p LGBTQIA+ Group	11a Comedy Group 12p Lunch 1p Peer Support Group 2p Women's Group	10:30a Advisory Meeting 12p Lunch 1p Peer Support Group 2p Meditation Group	<b>MOVIE DAY!</b> A Beautiful Mind 12p-2:30p Movie at MILC Office	
14	15	16	17	18	19	20
	<b>CLOSED</b> Happy Martin Luther King Jr. Day!	11a Game Group 12p Lunch 1p Peer Support Group 2p LGBTQIA+ Group	11a Comedy Group 12p Lunch 1p Peer Support Group 2p Women's Group	<b>CLOSED until 1p</b> 1p Peer Support Group 2p Meditation Group	11a IL Skills Group 12p Lunch 1p Peer Support Group 2p Art Group	
21	22	23	24	25	26	27
	11a Cooking Group 12p Lunch 1p Peer Support Group 2p Meditation Group	OPEN 11:30-4:30 <b>CLOSED until 11:30a</b> 12p Lunch 1p Peer Support Group 2p Hot Choc. Stand	11a Comedy Group 12p Lunch 1p Peer Support Group 2p Women's Group	<b>ADVENTURE DAY!</b> Leigh Yawkee Woodson Art Museum 10:30a-3:30p	11a IL Skills Group 12p Lunch 1p Peer Support Group 2p Art Group	
28	29	30	31			
	11a Cooking Group 12p Lunch 1p Peer Support Group 2p Meditation Group	<b>PEER'S DAY!</b> 10:30a-3:30p at ROCC	11a Comedy Group 12p Lunch 1p Peer Support Group 2p Women's Group			
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