

RIVER CITIES CLUBHOUSE



May
2024

Lunch Served Daily:
M-F: \$2, Leftovers: \$1

At RCC, adults navigating mental health, wellness & substance use recovery come together to receive on-site peer support & encouragement.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			[CLOSED]	[CLOSED]	10a Peer Support	
			First Wednesday Meeting	Staff Training	11a Discussion Group	
					11:30a Lunch	
					12:30p Relaxation Group	
					1p Activity Group	
5	6	7	8	9	10	11
10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	
11a Discussion Group	11a Discussion Group	11a Discussion Group	11a Discussion Group	11a Discussion Group	10:30 Early Lunch	
11:30a Lunch	11:30a Lunch	11:30a Lunch	11:30a Lunch	11:30a Lunch	11a Leave RCC	
12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	11:30 Movie Day at MILC	
1p Activity Group	1p Activity Group	1p Activity Group	1p Activity Group	1p Activity Group	2pm Return to RCC	
12	13	14	15	16	17	18
10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	
11a Walk to the Library	11:15a Board Meeting	11a Discussion Group	11a Discussion Group	11a Discussion Group	11a Discussion Group	
Outing: Day at the Library	12:15p Lunch	11:30a Lunch	11:30a Lunch	11:30a Lunch	11:30a Lunch	
12:30p Walk back to RCC	1pm Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	
1pm Lunch		1p Activity Group	1p Activity Group	1p Activity Group	1p Activity Group	
19	20	21	22	23	24	25
10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	
11a Discussion Group	11a Leave for Outing	11a Discussion Group	11a Discussion Group	11a Discussion Group	11a Discussion Group	
11:30a Lunch	Outing: "Celebrate Red"	11:30a Lunch	11:30a Lunch	11:30a Lunch	11:30a Lunch	
12:30p Relaxation Group	Collection, Cultural Center	12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	
1p Activity Group	1p Return to RCC	1p Activity Group	1p Activity Group	1p Activity Group	1p Activity Group	
	1p Lunch					
26	27	28	29	30	31	
	[CLOSED]	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	
	Memorial Day	11a Discussion Group	11a Discussion Group	11a Discussion Group	11a Discussion Group	
		11:30a Lunch	11:30a Lunch	11:30a Lunch	11:30a Lunch	
		12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	
		1p Activity Group	1p Activity Group	1p Activity Group	1p Activity Group	

441 Garfield St.
Wisconsin Rapids, WI. 54494

OPEN
Monday - Friday
10 am - 2 pm

If you have questions, concerns, or wish to speak to a Certified Peer Specialist, call : (715) 424-4115
For the Wood County crisis line, call : (715) 421-2345