

A BETTER WAY CLUBHOUSE



OCTOBER

Monday-Friday
10:00a-2:00p

Lunch 11:30a Daily
Peer Support + Group Daily

At ABW adults navigating mental health, wellness & substance use recovery come together to receive on site peer support & encouragement.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|-------------------------|--------------------------------|-------------------------|--------------------------------|-------------------------|----------|
| | | 1 | 2 | 3 | 4 | 5 |
| | | 10:00a Peer Support | | 10:00a Peer Support | | |
| | | 11:30a Lunch | CENTERS CLOSED | 11:30a Lunch | CENTERS CLOSED | |
| | | 12p House Meeting | STAFF TRAINING | 12p House Meeting | STAFF TRAINING | |
| | | 12:30p Discussion Group | | 12:30p Discussion Group | | |
| | | | | | | |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| | 10:00a Peer Support | center open at 9am | 10:00a Peer Support | | 10:00a Peer Support | |
| | 11:30a Lunch | 10:00a Peer Support | 11:30a Lunch | CENTERS CLOSED | 11:30a Lunch | |
| | 12p House Meeting | 11:15a Adv Commit. Mtg | 12p House Meeting | STAFF TRAINING | 12p House Meeting | |
| | 12:30p Discussion Group | center closed at 1230pm | 12:30p Discussion Group | | 12:30p Discussion Group | |
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| | | | | | | |
| 12 | 14 | 15 | 16 | 17 | 18 | 19 |
| | 10:00a Peer Support | 10:00a Peer Support | 10:00a Peer Support | 10:00a Peer Support | 10:00a Peer Support | |
| | 11:30a Lunch | 11:30a Lunch | 11:30a Lunch | 11:30a Lunch | 11:30a Lunch | |
| | 12p House Meeting | 12p House Meeting | 12p House Meeting | 12p House Meeting | 12p House Meeting | |
| | 12:30p Discussion Group | 12:30p Discussion Group | 12:30p Discussion Group | 12:30p Discussion Group | 12:30p Discussion Group | |
| | | | | | | |
| | | | | | | |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| | 10:00a Peer Support | 10:00a Peer Support | 10:00a Peer Support | 10:00a Peer Support | 10:00a Peer Support | |
| | 11:30a Lunch | 11:30a Lunch | 11:30a Lunch | 11:30a Lunch | 11:30a Lunch | |
| | 12p House Meeting | 12p House Meeting | 12p House Meeting | 12p House Meeting | 12p House Meeting | |
| | 12:30p Discussion Group | 12:30p Discussion Group | 12:30p Discussion Group | 12:30p Discussion Group | 12:30p Discussion Group | |
| | | | | | | |
| | | | | | | |
| 27 | 28 | 29 | 30 | 31 | 1-Nov | 2-Nov |
| | 10:00a Peer Support | 10:00a Peer Support | 10:00a Peer Support | Halloween Party at ROCC | | |
| | 11:30a Lunch | 11:30a Lunch | 11:30a Lunch | 10:30a-3:30p | CENTERS CLOSED | |
| | 12p House Meeting | 12p House Meeting | 12p House Meeting | costumes welcome | STAFF TRAINING | |
| | 12:30p Discussion Group | 12:30p Discussion Group | 12:30p Discussion Group | Leave ABW at 10:00am | | |
| | | | | Return to ABW at 2pm | | |
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