

RIVER CITIES CLUBHOUSE



October
2024

Lunch Served Daily:
M-F: \$2, Leftovers: \$1

At RCC, adults navigating mental health, wellness,
& substance use recovery come together to
receive on-site peer support & encouragement.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		10a Peer Support		10a Peer Support	10a Peer Support	
		11a Discussion Group	[CLOSED]	11a Discussion Group	11a Discussion Group	
		11:30a Lunch	First Wednesday	11:30 Farmers Market	11:30a Lunch	
		12:30p Relaxation Group		1p Return to RCC	12:30p Relaxation Group	
		1p Activity Group			1p Activity Group	
6	7	8	9	10	11	12
10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	
11a Discussion Group	11:15am Board Meeting	11a Discussion Group	11a Discussion Group	11a Discussion Group	10:30a Leave for MILC	
11:30a Lunch	12:15 Lunch	11:30a Lunch	11:30a Lunch	11:30 Farmers Market	11a Movie Day	
12:30p Relaxation Group	1:00 Activity Group	12:30p Relaxation Group	12:30p Relaxation Group	1p Return to RCC	"Shutter Island" (*Rated R)	
1p Activity Group		1p Activity Group	1p Activity Group		2p Return to RCC	
13	14	15	16	17	18	19
10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support		
11a Discussion Group	11a Discussion Group	11a Discussion Group	11a Discussion Group	11a Discussion Group	Peer's Day at ROCC!	
11:30a Lunch	11:30a Lunch	11:30a Lunch	11:30a Lunch	11:30a Lunch		
12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	Leave RCC at 10a	
1p Activity Group	1p Activity Group	1p Activity Group	1p Activity Group	1p Activity Group	Return to RCC at 2pm	
20	21	22	23	24	25	26
10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	
11a Discussion Group	11a Discussion Group	11a Discussion Group	11a Discussion Group	11a Discussion Group	11a Discussion Group	
11:30a Lunch	11:30a Lunch	11:30a Lunch	11:30a Lunch	11:30a Lunch	11:30a Lunch	
12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	
1p Activity Group	1p Activity Group	1p Activity Group	1p Activity Group	1p Activity Group	1p Activity Group	
27	28	29	30	31	1	
10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	Halloween Party at ROCC	Halloween Party at RCC	
11a Discussion Group	11a Discussion Group	11a Discussion Group	11a Discussion Group	10:30a-3:30p	10:00am-2:00pm	
11:30a Lunch	11:30a Lunch	11:30a Lunch	11:30a Lunch			
12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	Leave RCC at 10:00am	Costume contest, snacks,	
1p Activity Group	1p Activity Group	1p Activity Group	1p Activity Group	Return to RCC at 4pm	activities, arts&crafts, etc.	

441 Garfield St.
Wisconsin Rapids, WI. 54494

OPEN
Monday - Friday
10 am - 2 pm

If you have questions, concerns, or wish to speak
to a Certified Peer Specialist, call : (715) 424-4115
For the Wood County crisis line, call : (715) 421-2345