

# RIVER CITIES CLUBHOUSE



November  
2024

Lunch Served Daily:  
M-F: \$2, Leftovers: \$1

At RCC, adults navigating mental health, wellness,  
& substance use recovery come together to  
receive on-site peer support & encouragement.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					10a Peer Support	
					11a Discussion Group	
					11:30a Lunch	
					12:30p Relaxation Group	
					1p Activity Group	
3	4	5	6	7	8	9
10a Peer Support	10a Peer Support	10a Peer Support	[ CLOSED ]	10a Peer Support	10a Peer Support	
11a Discussion Group	11a Discussion Group	11a Discussion Group	First Wednesday	11a Discussion Group	10:30a Leave for MILC	
11:30a Lunch	11:30a Lunch	11:30a Lunch		11:30a Lunch	11a Movie Day at MILC	
12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group		12:30p Relaxation Group	"The Giver"	
1p Activity Group	1p Activity Group	1p Activity Group		1p Activity Group	2p Return to RCC	
10	11	12	13	14	15	16
10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	
11a Discussion Group	11:15a Board Meeting	11a Discussion Group	11a Discussion Group	11a Discussion Group	11a Discussion Group	
11:30a Lunch	12:30 Lunch	11:30a Lunch	11:30a Lunch	11:30a Lunch	11:30a Lunch	
12:30p Relaxation Group	1:15p Activity Group	12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	
1p Activity Group		1p Activity Group	1p Activity Group	1p Activity Group	1p Activity Group	
17	18	19	20	21	22	23
10a Peer Support	10a Peer Support	10a Peer Support	Clubhouse Thanksgiving	10a Peer Support	10a Peer Support	
11a Discussion Group	11a Discussion Group	11a Discussion Group	Meal at RCC	11a Discussion Group	11a Discussion Group	
11:30a Lunch	11:30a Lunch	11:30a Lunch	10a-2p	11:30a Lunch	11:30a Lunch	
12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	Don't forget to bring a dish to pass! :)	12:30p Relaxation Group	12:30p Relaxation Group	
1p Activity Group	1p Activity Group	1p Activity Group		1p Activity Group	1p Activity Group	
24	25	26	27	28	29	30
10a Peer Support	10a Peer Support	10a Peer Support	[ CLOSED ]	[ CLOSED ]	[ CLOSED ]	
11a Discussion Group	11a Discussion Group	11a Discussion Group		Happy Thanksgiving!		
11:30a Lunch	11:30a Lunch	11:30a Lunch				
12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group				
1p Activity Group	1p Activity Group	1p Activity Group				

441 Garfield St.  
Wisconsin Rapids, WI. 54494

OPEN  
Monday - Friday  
10 am - 2 pm

If you have questions, concerns, or wish to speak  
to a Certified Peer Specialist, call : (715) 424-4115  
For the Wood County crisis line, call : (715) 421-2345