


# ROCC POINT



Monday-Friday  
10:30a-3:30p

**November**  
Lunch 12p daily  
Peer Support 1p daily

A recovery center for adults living with  
mental health and substance use struggles.  
We offer encouragement and hope.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			"It's never too early or too late to work towards being the healthiest you."		<b>1-Nov</b> 11a IL Skills Group 12p Lunch 1p Peer Support Group 2p Dance Group	<b>2-Nov</b>
3	4	5	6	7	8	9
11a Cooking Group 12p Lunch 1p Peer Support Group 2p Meditation Group	11a Games 12p Lunch 1p Peer Support Group 2p LGBTQIA+ Group	<b>CLOSED</b>  (MILC office day)	<b>CLOSED</b>  (SentryWorld Conference)	<b>MOVIE DAY!</b> The Giver 11a-2p at MILC Office	Adapted Ice Ska. KB Willett 12p-2p	
10	11	12	13	14	15	16
11a Cooking Group 12p Lunch 1p Peer Support Group 2p Meditation Group	11:15a Adv. Meeting 12:45p Lunch 1:30p Peer Support Group 2:30p LGBTQIA+ Group	11a Comedy Group 12p Lunch 1p Peer Support Group 2p Women's Group	11a Motivational Group 12p Lunch 1p Peer Support Group 2p Art Group	<b>ADVENTURE DAY!</b> Rose House Fresh baked goodies 11:30a-2p		
17	18	19	20	21	22	23
11a Cooking Group 12p Lunch 1p Peer Support Group 2p Meditation Group	11a Games 12p Lunch 1p Peer Support Group 2p LGBTQIA+ Group	<b>Thanksgiving Celebration (at RCC)</b> WI Rapids 10:30a-3:30p	11a Motivational Group 12p Lunch 1p Peer Support Group 2p Art Group	<b>PEERS' DAY!</b> 10:30a-3:30p at ROCC Any requests? Talk to Sammie.		
24	25	26	27	28	29	30
11a Cooking Group 12p Lunch 1p Peer Support Group 2p Meditation Group	11a Games 12p Lunch 1p Peer Support Group 2p LGBTQIA+ Group	11a Comedy Group 12p Lunch 1p Peer Support Group 2p Women's Group	<b>CLOSED</b>  Happy Thanksgiving!	<b>CLOSED</b>  (MILC Holiday)		
<b>Sammie Sackmann 715-544-0455</b>		<b>2040 Jefferson St, Stevens Point</b>		<b>Midstate Independent Living Choices 715-344-4210</b>		