

RIVER CITIES CLUBHOUSE



May
2025

Lunch Served Daily:
M-F: \$2, Leftovers: \$1

At RCC, adults navigating mental health, wellness,
& substance use recovery come together to
receive on-site peer support & encouragement.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				10a Peer Support	10a Peer Support	
				11a Discussion Group	11a Discussion Group	
				11:30a Lunch	11:30a Lunch	
				12:30p Relaxation Group	12:30p Relaxation Group	
				1p Activity Group	1p Activity Group	
4	5	6	7	8	9	10
	10a Peer Support	10a Peer Support		10a Peer Support	Garden Planting Day!	
	11a Discussion Group	11a Discussion Group	[CLOSED]	11a Discussion Group		
	11:30a Lunch	11:30a Lunch	MILC Meeting	11:30a Lunch	Gardening tools will be	
	12:30p Relaxation Group	12:30p Relaxation Group		12:30p Relaxation Group	provided. Remember to	
	1p Activity Group	1p Activity Group		1p Activity Group	wear comfortable clothes	
					you don't mind getting dirty.	
11	12	13	14	15	16	17
	10a Peer Support	10a Peer Support				
	11a Discussion Group	11:15a Board Meeting	[CLOSED]	[CLOSED]	[CLOSED]	
	11:30a Lunch	12:15p Lunch	Prevent Suicide WI	Prevent Suicide WI	Prevent Suicide WI	
	12:30 Relaxation Group	1p Relaxation Group	Conference	Conference	Conference	
	1p Activity Group					
18	19	20	21	22	23	24
	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	10a Peer Support	
	11a Discussion Group	11a Discussion Group	11a Discussion Group	11a Discussion Group	10:30a Leave for MILC	
	11:30a Lunch	11:30a Lunch	11:30a Lunch	11:30a Lunch	11a Movie Day at MILC	
	12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	12:30p Relaxation Group	2p Return to RCC	
	1p Activity Group	1p Activity Group	1p Activity Group	1p Activity Group		
25	26	27	28	29	30	31
		10a Peer Support	10a Peer Support	10a Peer Support	10a Leave for ROCCPoint	
	[CLOSED]	11a Discussion Group	11a Discussion Group	11a Discussion Group	10:30 Peers Day at ROCC	
	Memorial Day	11:30a Lunch	11:30a Lunch	11:30a Lunch	Please bring walking shoes,	
		12:30p Relaxation Group	12:30p Relaxation Group	12:20p Relaxation Group	and money for ice cream!	
		1p Activity Group	1p Activity Group	1p Activity Group	2p Return to RCC	

441 Garfield St.
Wisconsin Rapids, WI. 54494

OPEN
Monday - Friday
10 am - 2 pm

If you have questions, concerns, or wish to speak
to a Certified Peer Specialist, call : (715) 424-4115
For the Wood County crisis line, call : (888) 552-6642